The following frequency distributions are based upon surveys with 141 middle school students in Central Region during February of 2009. Frequency distributions may not total 141 due to non-response and percents may not total 100 percent due to rounding.

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Q-1. How old are you?		<u>Count</u>	<u>Percent</u>
a. 10 years old or younger		0	0.0%
b. 11 years old		0	0.0%
c. 12 years old		29	20.6%
d. 13 years old		82	58.2%
e. 14 years old		26	18.4%
f. 15 years old		4	2.8%
g. 16 years old or older		0	0.0%
	Total	141	100.0%
Q-2. What is your sex?		Count	<u>Percent</u>
a. Female		69	49.3%
b. Male		71	50.7%
	Total	140	100.0%
Q-3. In what grade are you?		<u>Count</u>	<u>Percent</u>
a. 7th grade		98	71.5%
•		39	28.5%
b. 8th grade	Total	1 37	100.0%
	i Olai	137	100.0%
O. A. Ara vay Ulianania ar Latina?		Count	Dovoont
Q-4. Are you Hispanic or Latino?		<u>Count</u>	<u>Percent</u>
a. Yes		13	9.6%
b. No		122	90.4%
	Total	135	100.0%
Q-5. What is your race?		<u>Count</u>	<u>Percent</u>
a. American Indian or Alaskan Native		15	10.6%
b. Asian		4	2.8%
c. Black or African American		2	1.4%
d. Native Hawaiian or Other Pacific Islander		4	2.8%
e. White		129	91.5%
(More than one response allowed)	Total	154	109.2%
Q-6. When you ride a bicycle, how often did you wear a helmet?		Count	<u>Percent</u>
a. I do not ride a bicycle		14	10.1%
b. Never wear a helmet		68	48.9%
c. Rarely wear a helmet		29	20.9%
d. Sometimes wear a helmet		13	9.4%
e. Most of the time wear a helmet		10	7.2%
f. Always wear a helmet		5	3.6%
	Total	139	100.0%

Q-7. When you rollerblade or ride skateboard, how often did you wear a		Count	Percent
helmet?			
a. I do not rollerblade or ride a skateboard		72	52.9%
b. Never wear a helmet		41	30.1%
c. Rarely wear a helmet		11	8.1%
d. Sometimes wear a helmet		6	4.4%
e. Most of the time wear a helmet		4	2.9%
f. Always wear a helmet		2	1.5%
	Total	136	100.0%
Q-8. How often do you wear your seat belt when riding in a car?		Count	Percent
a. Never		5	3.7%
b. Rarely		7	5.2%
c. Sometimes		20	14.8%
d. Most of the time		51	37.8%
e. Always		52	38.5%
•	Total	135	100.0%
Q-9. How often do you wear your seat belt when driving a car?		<u>Count</u>	<u>Percent</u>
a. I do not drive a car		91	66.9%
b. Never		5	3.7%
c. Rarely		6	4.4%
d. Sometimes		3	2.2%
e. Most of the time		8	5.9%
f. Always		23	16.9%
	Total	136	100.0%
Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		<u>Count</u>	<u>Percent</u>
a. 0 times		109	78.4%
b. 1 time		9	6.5%
c. 2 or 3 times		10	7.2%
d. 4 or 5 times		1	0.7%
e. 6 or more times		10	7.2%
	Total	139	100.0%
Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		<u>Count</u>	<u>Percent</u>
vehicle when you had been drinking alcohol?		· <u> </u>	
vehicle when you had been drinking alcohol? a. 0 times		134	96.4%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time		134	96.4% 2.9%
vehicle when you had been drinking alcohol?a. 0 timesb. 1 timec. 2 or 3 times		134 4 0	96.4% 2.9% 0.0%
 vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times 		134 4 0 0	96.4% 2.9% 0.0% 0.0%
vehicle when you had been drinking alcohol?a. 0 timesb. 1 timec. 2 or 3 times	Total	134 4 0	96.4% 2.9% 0.0%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon	Total	134 4 0 0	96.4% 2.9% 0.0% 0.0% 0.7%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?	Total	134 4 0 0 1 139	96.4% 2.9% 0.0% 0.0% 100.0%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? a. 0 days	Total	134 4 0 0 1 139 Count	96.4% 2.9% 0.0% 0.0% 0.7% 100.0%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? a. 0 days b. 1 day	Total	134 4 0 0 1 139 Count 97	96.4% 2.9% 0.0% 0.0% 0.7% 100.0% Percent 70.8% 6.6%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? a. 0 days b. 1 day c. 2 or 3 days	Total	134 4 0 0 1 139 Count	96.4% 2.9% 0.0% 0.0% 0.7% 100.0% Percent 70.8% 6.6% 8.8%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? a. 0 days b. 1 day c. 2 or 3 days d. 4 or 5 days	Total	134 4 0 0 1 139 Count 97 9 12	96.4% 2.9% 0.0% 0.0% 100.0% Percent 70.8% 6.6% 8.8% 2.2%
vehicle when you had been drinking alcohol? a. 0 times b. 1 time c. 2 or 3 times d. 4 or 5 times e. 6 or more times Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club? a. 0 days b. 1 day c. 2 or 3 days	Total	134 4 0 0 1 139 Count 97 9 12 3	96.4% 2.9% 0.0% 0.0% 0.7% 100.0% Percent 70.8% 6.6% 8.8%

Q-13. During the past 30 days, on how many days did you carry a gun?		Count	<u>Percent</u>
a. 0 days		117	84.2%
b. 1 day		17	12.2%
c. 2 or 3 days		1	0.7%
d. 4 or 5 days		1	0.7%
e. 6 or more days		3	2.2%
	Total	139	100.0%
Q-14. During the past 30 days, did you carry a weapon such as a gun, knife or club on school property?		<u>Count</u>	<u>Percent</u>
a. Yes		13	9.3%
b. No		127	90.7%
	Total	140	100.0%
Q-15. During the past 30 days, on how many days did you not go to school because you felt you wound be unsafe at school or on your way to or from school?		<u>Count</u>	<u>Percent</u>
a. 0 days		133	95.7%
b. 1 day		4	2.9%
c. 2 or 3 days		1	0.7%
d. 4 or 5 days		1	0.7%
e. 6 or more days		0	0.0%
	Total	139	100.0%
Q-16. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		<u>Count</u>	<u>Percent</u>
a. Yes		14	10.1%
b. No		125	89.9%
	Total	139	100.0%
Q-17. During the past 12 months, have you ever been in a physical fight?		<u>Count</u>	<u>Percent</u>
a. Yes		60	43.5%
b. No		78	56.5%
	Total	138	100.0%
Q-18. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?		<u>Count</u>	<u>Percent</u>
a. Yes		4	2.9%
b. No		136	97.1%
	Total	140	100.0%
Q-19. During the past 12 months, have you ever been in a physical fight on school property?		<u>Count</u>	<u>Percent</u>
a. Yes		23	16.4%
b. No		117	83.6%
	Total	140	100.0%
Q-20. During the past 12 months, have you ever been bullied on school property?		<u>Count</u>	<u>Percent</u>
a. Yes		70	53.0%
b. No		62	47.0%
	Total	132	100.0%

Q-21. During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?		<u>Count</u>	<u>Percent</u>
a. Yes		32	23.0%
b. No		107	77.0%
	Total	139	100.0%
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		<u>Count</u>	<u>Percent</u>
a. Yes		37	26.4%
b. No		103	73.6%
	Total	140	100.0%
Q-23. During the past 12 months, did you ever seriously think about killing yourself?		<u>Count</u>	<u>Percent</u>
a. Yes		26	18.8%
b. No		112	81.2%
	Total	138	100.0%
Q-24. During the past 12 months, did you make a plan about how you would kill yourself?		<u>Count</u>	<u>Percent</u>
a. Yes		18	12.9%
b. No		121	87.1%
	Total	139	100.0%
Q-25. During the past 12 months, did you ever try to kill yourself? a. Yes		<u>Count</u> 5	<u>Percent</u> 3.6%
b. No		134	96.4%
	Total	139	100.0%
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?		<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide		116	84.7%
b. Yes		5	3.6%
c. No		16	11.7%
	Total	137	100.0%
Q-27. Have you ever tried cigarette smoking, even one or two puffs		Count	<u>Percent</u>
a. Yes		33	23.9%
b. No		105	76.1%
	Total	138	100.0%
Q-28. How old were you when you smoked a whole cigarette for the first time?		Count	Percent
a. I have never smoked a whole cigarette		113	83.7%
b. 8 years old or younger		8	5.9%
c. 9 years old		1 4	0.7% 3.0%
d. 10 years old e. 11 years old		2	3.0% 1.5%
f. 12 years old		4	3.0%
g. 13 years old or older		3	2.2%
g ,	Total	135	100.0%

Acade Durling the past 30 days, on how many days did you smoke oigarettes? a. 0 days b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 19 days e. 10 to 19 days g. All 30 days g. All 30 days days g. All 30 days days days days days days a. I did not smoke oigarettes durling the past 30 days b. Less than 1 cigarette per day days d. 2 to 5 digarettes per day d. 2 to 5 digarettes per day d. 2 to 5 digarettes per day d. 1 to 10 cigarettes per day d. 2 to 5 digarettes per day d. 3 to 5 digarettes per day d. 4 to 5 digarettes per day d. 2 to 5 digarettes per day d. 5 to 5 digarettes per day d. 6 to 10 cigarettes per day d. 1 to 20 digarettes per day d. 1 to 20 digarettes per day d. 2 to 5 digarettes per day d. 3 to 5 digarettes per day d. 4 to 5 digarettes per day d. 5 to 6 to 10 cigarettes per day d. 6 to 10 cigarettes per day d. 1 to 20 digarettes during the past 30 days, how did you usually get your own cigarettes? days b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station c. I bought them from a vending machine d. 1 gave someone else deserted and the form a store or gamily member d. 1 gave someone else deserted deserted deserted every day for 30 days? a. Yes b. No days b. No days days days days days days days days				
b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 19 days e. 10 to 19 days g. All 30 days g.	Q-29. During the past 30 days, on how many days did you smoke cigarettes?		<u>Count</u>	<u>Percent</u>
C. 3 to 5 days d. 6 to 9 days e. 10 to 19 days f. 20 to 29 days g. All 30 days G. All 30 days C-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? a. I did not smoke cigarettes during the past 30 days b. Less than 1 cigarette per day c. 1 cigarette per day d. 2 to 5 cigarettes per day d. 1 to 20 cigarettes per day f. 11 to 20 cigarettes per day d. 1 to 20 cigarettes per day d. 1 to 20 cigarettes per day f. 11 cigarette per day f. 11 cigarette per day f. 11 cigarette per day f. 125 garea g. 1 did not smoke cigarettes during the past 30 days b. 1 bought them in a store such as a convenience store, supermarket, discount store, or gas station c. 1 bought them from a vending machine d. 1 gave someone else money to buy them for me g. 1 took them from a store or family member f. 1 parson 18 years old or older gave them to me f. 1 cigarette every day for 30 days? a. Yes b. No fotal 133 9.4% b. No fotal 939 count Percent fotal 90,9% C-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days? a. Yes b. No fotal 939 count Percent every day for 30 days, on how may days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garnet, Beechnut, Skoal, Skoal Bandits, or Copenhagen? a. 1 days b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 10 days f. 20 to 29 days f. 10 to	a. 0 days		126	92.0%
d. 6 to 9 days 1 to 10 to 19 days 0 0.0% f. 20 to 29 days 0 0.0% g. All 30 days 2 1.5% Total 137 100.0% G-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? 2 1.15% 2 1.15% a. I did not smoke cigarettes during the past 30 days 127 91.4% days b. Less than 1 cigarette per day 5 5 3.6% 3.6% c. 1 cigarette per day 4 2.9% 4 2.9% d. 2 to 5 cigarettes per day 1 0.7% 1 0.7% e. 6 to 10 cigarettes per day 1 0.7% 1 0.7% g. More than 20 cigarettes per day 1 0.7% 1 0.7% g. More than 20 cigarettes per day 1 0.7% 1 0.7% g. I busing the past 30 days, how did you usually get your own cigarettes? Count Percent a. I did not smoke cigarettes during the past 30 125 91.2% days 1 1 0.7% 1 0.7% 1 0.7% b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station 1 1 0.7% 1 2.2 c. I borrowed them from sensery to buy them for me 3 2	b. 1 or 2 days		5	3.6%
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e. 10 to 19 days f. 20 to 29 days g. All 30 days g. All 30 days d. All 30 days d	•		1	0.7%
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C-31. During the past 30 days, how did you usually get your own cigarettes? Count days	· · ·			
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Borrowed them from someone else				
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Q-33. During the past 30 days, on how may days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?				
Q-33. During the past 30 days, on how may days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen? a. 0 days b. 1 or 2 days c. 3 to 5 days d. 6 to 9 days e. 10 to 19 days f. 20 to 29 days g. All 30 days 11 Count Percent Percent Percent Percent 132 95.7% 132 95.7% 134 95.7% 146 0.0% 150 0.0		Total		
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g. All 30 days 1 0.7%	•		0	
•	•		0	
Total 138 100.0%	g. All 30 days		1	0.7%
		Total	138	100.0%

Q-34. During the past 30 days, on how many days did you smoke cigars,		<u>Count</u>	<u>Percent</u>
cigarillos, or little cigars?		422	0E 70/
a. 0 days b. 1 or 2 days		133 4	95.7% 2.9%
c. 3 to 5 days		2	1.4%
•			
d. 6 to 9 days		0	0.0%
e. 10 to 19 days		0	0.0%
f. 20 to 29 days		0	0.0%
g. All 30 days		0	0.0%
	Total	139	100.0%
Q-35. Have you ever had a drink of alcohol, other than a few sips?		Count	<u>Percent</u>
a. Yes		51	37.2%
b. No		86	62.8%
D. 140	Total	137	100.0%
	rotar	137	100.078
Q-36. How old were you when you had your first drink of alcohol other than a few sips?		<u>Count</u>	<u>Percent</u>
 a. I have never had a drink of alcohol other than a few sips 		83	60.6%
b. 8 years old or younger		9	6.6%
c. 9 years old		4	2.9%
d. 10 years old		4	2.9%
e. 11 years old		9	6.6%
f. 12 years old		15	10.9%
g. 13 years old or older		13	9.5%
3 • 7 • • • • • • • • • • • • • • • • • • •	Total	137	100.0%
Q-37. During the past 30 days, on how many days did you have at least one drink of alcohol?		<u>Count</u>	<u>Percent</u>
a. 0 days		115	82.1%
b. 1 or 2 days		17	12.1%
c. 3 to 5 days		5	3.6%
d. 6 to 9 days		0	0.0%
e. 10 to 19 days		2	1.4%
f. 20 to 29 days		0	0.0%
g. All 30 days		1	0.7%
	Total	140	100.0%
Q-38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		<u>Count</u>	<u>Percent</u>
a. 0 days		128	91.4%
b. 1 day		4	2.9%
c. 2 days		3	2.9%
d. 3 to 5 days		2	1.4%
e. 6 to 9 days		2	1.4%
f. 10 to 19 days		1	0.7%
		0	0.7%
g. 20 or more days	Total	-	
	Total	140	100.0%

Q-39. Have you ever used marijuana?		Count	<u>Percent</u>
a. Yes		7	5.1%
b. No		130	94.9%
	Total	137	100.0%
0.40 How old ware you when you tried marijuans for the first time?		Count	Porcont
Q-40. How old were you when you tried marijuana for the first time?		<u>Count</u>	Percent
a. I have never tried marijuana		132	93.6%
b. 8 years old or younger		5	3.5%
c. 9 years old		1	0.7%
d. 10 years old		1	0.7%
e. 11 years old		1	0.7%
f. 12 years old		0	0.0%
g. 13 years old or older		1	0.7%
	Total	141	100.0%
Q-41. During the past 30 days, how many times did you marijuana?		Count	Percent
a. 0 times		133	97.1%
b. 1 or 2 times		1	0.7%
c. 3 to 9 times		2	1.5%
d. 10 to 19 times		0	0.0%
e. 20 to 39 times		0	0.0%
f. 40 or more times		1	0.0%
1. 40 of filore times	Total	-	
	rotai	137	100.0%
Q-42. Have you ever used any form of cocoaine, including powder, crack, or freebase?		<u>Count</u>	<u>Percent</u>
a. Yes		6	4.3%
b. No		132	95.7%
	Total	138	100.0%
Q-43. Have you ever sniffed glue or breathed the contents of spray cans, or inhaled any paints or sprays to get high?		Count	<u>Percent</u>
a. Yes		15	10.7%
b. No		125	89.3%
	Total	140	100.0%
O. 44. During you life how many times have you used methors hatenings		Count	Davaant
Q-44. During you life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		<u>Count</u>	<u>Percent</u>
a. 0 times		134	96.4%
b. 1 or 2 times		4	2.9%
c. 3 to 9 times		1	0.7%
d. 10 to 19 times		0	0.0%
e. 20 to 39 times		0	0.0%
f. 40 or more times	T- (-)	0	0.0%
	Total	139	100.0%
Q-45. Have you ever used steroid pills or shots without a doctor's prescription		<u>Count</u>	<u>Percent</u>
a. Yes		5	3.6%
b. No		134	96.4%
	Total	139	100.0%

Q46 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		<u>Count</u>	<u>Percent</u>
a. Yes		8	5.7%
b. No		133	94.3%
	Total	141	100.0%
Q-47. Have you ever had sexual intercourse?		<u>Count</u>	<u>Percent</u>
a. Yes		21	15.4%
b. No		115	84.6%
	Total	136	100.0%
Q-48. How old were you when you had sexual intercourse for the first time?		Count	<u>Percent</u>
a. I have never had sexual intercourse		112	81.8%
b. 8 years old or younger		7	5.1%
c. 9 years old		0	0.0%
d. 10 years old		2	1.5%
e. 11years old		2	1.5%
f. 12 years old		5	3.6%
g. 13 years old or older		9	6.6%
	Total	137	100.0%
Q-49. With how many people have you had sexual intercourse?		Count	<u>Percent</u>
a. I have never had sexual intercourse		122	86.5%
b. 1 person		10	7.1%
c. 2 people		5	3.5%
d. 3 people		1	0.7%
e. 4 people		0	0.0%
f. 5 people		2	1.4%
g. 6 or more people		1	0.7%
	Total	141	100.0%
Q-50. During the past 3 months, with how many people did you have sexual intercourse?		<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse		122	87.1%
 b. I have had sexual intercourse, but not during the past 3 months 		7	5.0%
c. 1 person		8	5.7%
d. 2 people		0	0.0%
e. 3 people		1	0.7%
f. 4 people		0	0.0%
g. 5 people		2	1.4%
h. 6 or more people		0	0.0%
	Total	140	100.0%
Q-51. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse		121	87.1%
b. Yes		5	3.6%
c. No		13	9.4%
	Total	139	100.0%

Condom?				
a. I have never had sexual intercourse b. Yes c. No 17 12: c. No 70tal 138 100.0 Q-53. How do you describe your weight? a. Very underweight b. Slightly underweight c. About the right weight d. Slightly overweight e. Very overweight f. 15 10.0 C-54. Which of the following are you trying to do about your weight? a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight? c. Stay the same weight d. I am not trying to do anything about my weight c. Stay the same wight d. I am not trying to do anything about my weight Total 139 100.0 Q-55. During the past 7 days, on how many days did you eat breakfast? a. O days b. 1 day c. 2 days d. 3 days d. 3 days e. 4 days f. 5 days f. 5 days f. 5 days f. 5 days f. 6 days f. 7			<u>Count</u>	<u>Percent</u>
C. No Total 138 100.00	a. I have never had sexual intercourse		118	85.5%
Count Perce	b. Yes		17	12.3%
Q-53. How do you describe your weight? a. Very underweight b. Slightly underweight c. About the right weight d. Slightly overweight e. Very overweight e. Very overweight Q-54. Which of the following are you trying to do about your weight? A. Lose weight D. Gain weight C. Stay the same weight C. Stay the same weight D. I am not trying to do anything about my weight D. Stay the past 7 days, on how many days did you eat breakfast? Q-55. During the past 7 days, on how many days did you eat breakfast? Q-56. During the past 7 days, on how many days did you eat breakfast? D. Stay the past 7 days, on how many days did you eat breakfast? Q-56. During the past 7 days, on how many days did you eat breakfast? Q-56. During the past 7 days, on how many days did you eat breakfast? Q-56. During the past 7 days, on how many days did you eat breakfast? Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? A. Yes D. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? A. Yes D. No Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes D. No Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes D. No Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes D. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? A. Yes D. Wo the first the fasting to lose weight or to keep from gaining weight? A. Yes D. Wo the first the fasting to lose weight or to keep from gaining weight? A. Yes D. Wo the first the fasting to lose weight or to keep from gaining weight?	c. No		3	2.2%
a. Very underweight b. Slightly underweight c. About the right weight d. Slightly voreweight e. Very overweight e. Very overweight e. Very overweight for tal 137 100.6 G-54. Which of the following are you trying to do about your weight? a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight d. I am not trying to do anything about my weight for tal 139 100.6 G-55. During the past 7 days, on how many days did you eat breakfast? a. 0 days b. 1 day c. 2 days d. 3 days e. 4 days f. 5 days f. 5 days g. 6 days h. 7 days G-56. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6		Total	138	100.0%
a. Very underweight b. Slightly underweight c. About the right weight d. Slightly voreweight e. Very overweight e. Very overweight e. Very overweight for tal 137 100.6 G-54. Which of the following are you trying to do about your weight? a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight d. I am not trying to do anything about my weight for tal 139 100.6 G-55. During the past 7 days, on how many days did you eat breakfast? a. 0 days b. 1 day c. 2 days d. 3 days e. 4 days f. 5 days f. 5 days g. 6 days h. 7 days G-56. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes G-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6	Q-53. How do vou describe vour weight?		Count	<u>Percent</u>
b. Slightly underweight c. About the right weight d. Slightly overweight d. Slightly overweight e. Very overweight d. Slightly overweight e. Very overweight d. Slightly overweight d. Slightly overweight d. Slightly overweight d. Slightly overweight d. Stay the following are you trying to do about your weight? a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight d. I am not trying to do anything about my weight d. I am not trying to do anything about my weight a. O days d. O days				3.6%
c. About the right weight 74 54.0 d. Slightly overweight 42 30.7 e. Very overweight 1 0.7 Total 137 100.0 Count Total Percent Total a. Lose weight 57 41 b. Gain weight 14 10.0 c. Stay the same weight 32 23.0 d. I am not trying to do anything about my weight 36 225. d. I am not trying to do anything about my weight 15 11.3 Q-55. During the past 7 days, on how many days did you eat breakfast? Count Percent Accent Ac			15	10.9%
d. Slightly overweight e. Very overweight e. Very overweight f. 1 0.7 Total 137 100.0 Q-54. Which of the following are you trying to do about your weight? a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight 32 23. d. I am not trying to do anything about my weight 36 25.5 Total 139 100.0 Q-55. During the past 7 days, on how many days did you eat breakfast? a. 0 days b. 1 day c. 2 days d. 3 days e. 4 days f. 5 days f. 5 days f. 5 days f. 6 days h. 7 days Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes Q-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Q-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6			74	54.0%
e. Very overweight 1 0.7 Total 137 100.6 Q-54. Which of the following are you trying to do about your weight?			42	30.7%
Count Percess			1	0.7%
a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight 36 25.5 Total 139 100.0 Q-55. During the past 7 days, on how many days did you eat breakfast? Count Defect a. 0 days b. 1 day c. 2 days d. 3 days e. 4 days f. 5 days g. 6 days h. 7 days Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods lose weight or to keep from gaining weight? a. Yes Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6		Total	137	100.0%
a. Lose weight b. Gain weight c. Stay the same weight d. I am not trying to do anything about my weight 36 25.5 Total 139 100.0 Q-55. During the past 7 days, on how many days did you eat breakfast? Count Defect a. 0 days b. 1 day c. 2 days d. 3 days e. 4 days f. 5 days g. 6 days h. 7 days Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods lose weight or to keep from gaining weight? a. Yes Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6	Q-54. Which of the following are you trying to do about your weight?		Count	<u>Percent</u>
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c. Stay the same weight 32 23.0 d. I am not trying to do anything about my weight 36 25.5 Total 139 100.0 Q-55. During the past 7 days, on how many days did you eat breakfast? Count Percet a. 0 days 15 11.3 b. 1 day 4 3.0 c. 2 days 14 10.5 d. 3 days 5 3.8 e. 4 days 10 7.5 f. 5 days 12 9.0 g. 6 days 8 6.0 h. 7 days 65 48.5 Total 133 100.0 Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? Count 135 Percetage a. Yes 65 48.1 b. No 70 51.5 Total 135 100.0 Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? Count 100 71.5 a. Yes 39 28.1 b. No 100 71.5 Total 139	· · · · · · · · · · · · · · · · · · ·			10.1%
A. I am not trying to do anything about my weight 36 25.5 Total 139 100.6 A. O days	ů .			23.0%
Q-55. During the past 7 days, on how many days did you eat breakfast? Q-55. During the past 7 days, on how many days did you eat breakfast? Q-55. During the past 7 days, on how many days did you eat breakfast? Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? Q-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? Q-58. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes D-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes D-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6	<i>.</i>			25.9%
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c. 2 days 14 10.5 d. 3 days 5 3.8 e. 4 days 10 7.5 f. 5 days 12 9.0 g. 6 days 8 6.0 h. 7 days 65 48.5 Total 133 100.0 Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? Count 70 51.5 a. Yes 65 48.1 b. No 70 51.5 Total 135 100.0 Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? Count 100 Percentage 71.5 a. Yes 39 28.1 b. No 100 71.5 Total 139 100.0 100 71.5 Count (also called fasting) to lose weight or to keep from gaining weight? Count (also called fasting) to lose weight or to keep from gaining weight? Count (also called fasting) to lose weight or to keep from gaining weight?	•		-	3.0%
d. 3 days e. 4 days f. 5 days g. 6 days h. 7 days Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6	•		•	10.5%
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h. 7 days A february for tal field for the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Count Percentagaining weight? a. Yes b. No Total field fiel				6.0%
Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight? a. Yes b. No Total Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Total Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 116 1133 100.0 Count Percentaging A 100.0 Count Percentaging A 100.0 Count A 139 A 100.0 Count A 130			_	48.9%
gaining weight? a. Yes b. No 70 51.9 Total 135 100.0 Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Total 139 28.1 b. No Total 139 100.0 Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes		Total		100.0%
a. Yes b. No 70 51.9 Total 135 100.0 Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Total 139 28.1 Total 139 100.0 Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6			<u>Count</u>	<u>Percent</u>
Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Total Total 135 Lount Perce 39 28.1 100.00 Total 139 100.00 Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6			65	48.1%
Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? a. Yes b. No Total Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6	b. No		70	51.9%
low in fat to lose weight or to keep from gaining weight? a. Yes b. No 100 71.5 Total Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6		Total	135	100.0%
b. No Total Total 100 71.9 100.0 Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes 100 Percentage 110 1100			<u>Count</u>	<u>Percent</u>
Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes Total 139 Perce 16 11.6	a. Yes		39	28.1%
Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight? a. Yes Count Perce	b. No		100	71.9%
(also called fasting) to lose weight or to keep from gaining weight? a. Yes 16 11.6		Total	139	100.0%
a. Yes 16 11.6			<u>Count</u>	<u>Percent</u>
			16	11.6%
· · · ·				88.4%
Total 138 100.0		Total		100.0%

Q-59. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)		<u>Count</u>	<u>Percent</u>
a. Yes		1	0.7%
b. No		137	99.3%
	Total	138	100.0%
Q-60. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		<u>Count</u>	<u>Percent</u>
a. Yes		4	3.0%
b. No		130	97.0%
	Total	134	100.0%
Q-61. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?		<u>Count</u>	<u>Percent</u>
 a. I did not drink 100% fruit juice during the past 7 days 		33	23.7%
b. 1 to 3 times during the past 7 days		49	35.3%
c. 4 to 6 times during the past 7 days		29	20.9%
d. 1 time per day		9	6.5%
e. 2 times per day		8	5.8%
f. 3 times per day		1	0.7%
g. 4 or more times per day		10	7.2%
	Total	139	100.0%
Q-62. During the past 7 days, how many times did you eat fruit?	Total	139 <u>Count</u>	100.0% <u>Percent</u>
Q-62. During the past 7 days, how many times did you eat fruit? a. I did not eat fruit during the past 7 days	Total	_	_
	Total	Count	<u>Percent</u>
a. I did not eat fruit during the past 7 days	Total	<u>Count</u> 10	<u>Percent</u> 7.4%
a. I did not eat fruit during the past 7 daysb. 1 to 3 times during the past 7 days	Total	<u>Count</u> 10 42	Percent 7.4% 30.9%
a. I did not eat fruit during the past 7 daysb. 1 to 3 times during the past 7 daysc. 4 to 6 times during the past 7 days	Total	Count 10 42 34	Percent 7.4% 30.9% 25.0%
a. I did not eat fruit during the past 7 daysb. 1 to 3 times during the past 7 daysc. 4 to 6 times during the past 7 daysd. 1 time per day	Total	Count 10 42 34 14	Percent 7.4% 30.9% 25.0% 10.3%
 a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day 		Count 10 42 34 14 20	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7% 8.1%
 a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day f. 3 times per day 	Total	Count 10 42 34 14 20 5	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7%
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 a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day f. 3 times per day g. 4 or more times per day Q-63. During the past 7 days, how many times did you drink a can, bottle, or		Count 10 42 34 14 20 5 11 136	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7% 8.1% 100.0%
 a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day f. 3 times per day g. 4 or more times per day Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? a. I did not drink a soda or pop during the past 7 		Count 10 42 34 14 20 5 11 136	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7% 8.1% 100.0%
a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day f. 3 times per day g. 4 or more times per day Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? a. I did not drink a soda or pop during the past 7 days		Count 10 42 34 14 20 5 11 136 Count	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7% 8.1% 100.0% Percent 17.4%
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a. I did not eat fruit during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day f. 3 times per day g. 4 or more times per day Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? a. I did not drink a soda or pop during the past 7 days b. 1 to 3 times during the past 7 days c. 4 to 6 times during the past 7 days d. 1 time per day e. 2 times per day		Count 10 42 34 14 20 5 11 136 Count 24 61 21 12 8	Percent 7.4% 30.9% 25.0% 10.3% 14.7% 3.7% 8.1% 100.0% Percent 17.4% 44.2% 15.2% 8.7% 5.8%

0.04 Davies the sect 7 days have seen already of self-day did on this 10		0	
Q-64. During the past 7 days, how many glasses of milk did you drink?		<u>Count</u>	<u>Percent</u>
a. I did not drink milk during the past 7 days		13	9.4%
b. 1 to 3 glasses during the past 7 days		18	12.9%
c. 4 to 6 glasses during the past 7 days		22	15.8%
d. 1 glass per day		14	10.1%
e. 2 glasses per day		25	18.0%
f. 3 glasses per day		24	17.3%
g. 4 or more glasses per day		23	16.5%
	Total	139	100.0%
Q-65. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?		<u>Count</u>	<u>Percent</u>
a. 0 days		8	5.8%
b. 1 day		12	8.8%
c. 2 days		13	9.5%
d. 3 days		12	8.8%
e. 4 days		11	8.0%
f. 5 days		13	9.5%
g. 6 days		13	9.5%
h. 7 days		55	40.1%
•	Total	137	100.0%
Q-66. On an average school day, how many hours do you watch TV?		Count	<u>Percent</u>
a. I do not watch TV on an average school day		20	14.4%
b. Less than 1 hour per day		35	25.2%
c. 1 hour per day		29	20.9%
d. 2 hours per day		21	15.1%
e. 3 hours per day		18	12.9%
f. 4 hours per day		5	3.6%
g. 5 or more hours per day		11	7.9%
g	Total	139	100.0%
Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?		<u>Count</u>	<u>Percent</u>
 I do not play video or computer games or use a computer for something that is not school work 		30	21.6%
b. Less than 1 hour per day		46	33.1%
c. 1 hour per day		27	19.4%
d. 2 hours per day		20	14.4%
e. 3 hours per day		6	4.3%
f. 4 hours per day		1	0.7%
g. 5 or more hours per day		9	6.5%
	Total	139	100.0%
Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?		<u>Count</u>	<u>Percent</u>
a. 0 days		32	24.2%
b. 1 day		2	1.5%
c. 2 days		6	4.5%
d. 3 days		3	2.3%
e. 4 days		60	45.5%
f. 5 days		29	22.0%
	Total	132	100.0%

Q-69. During the past 12 months, on how many sports teams did you play?		Count	<u>Percent</u>
a. 0 teams		35	25.4%
b. 1 team		17	12.3%
c. 2 teams		48	34.8%
d. 3 or more teams		38	27.5%
	Total	138	100.0%
Q-70. Have you ever been taught about AIDS/HIV infection in school?		Count	Percent
a. Yes		113	80.7%
b. No		9	6.4%
c. Not sure		9 18	12.9%
c. Not sure	Total	140	100.0%
Q-71. Has a doctor or nurse ever told you that you have asthma?		Count	<u>Percent</u>
a. Yes		29	20.9%
b. No		96	69.1%
c. Not sure		14	10.1%
	Total	139	100.0%
Q-72. Do you still have asthma?		Count	Percent
a. I have never had asthma		87	65.4%
b. Yes		25	18.8%
c. No		7	5.3%
d. Not sure		, 14	10.5%
	Total	133	100.0%